



This is the 21st edition of a weekly summary of critical updates and activities the Florida Department of Health will disseminate to assist with H1N1 activities. Please forward to appropriate parties.

NATIONAL

Flu information for People with Diabetes and Caregivers of People with Diabetes

People with diabetes are more likely to get flu-related complications like pneumonia, be hospitalized or die from the flu than other people. This fact sheet contains important information for diabetics.

http://www.cdc.gov/h1n1flu/diabetes/diabetes_factsheet.htm

Fact Sheet: Safety of Thimerosal in Vaccines Against 2009 H1N1 Flu

CDC is aware that pregnant women, parents of young children, and others may have questions about the safety of thimerosal in vaccines against 2009 H1N1 flu. This fact sheet provides some information to help in making decisions.

http://www.cdc.gov/h1n1flu/vaccination/vaccine_factsheet.htm

Antiviral Drugs for the 2009-2010 Influenza Season

This podcast discusses the use of antiviral drugs for the treatment and prevention of influenza, including 2009 H1N1, during the 2009-2010 influenza season.

<http://www2c.cdc.gov/podcasts/player.asp?f=175219#>

Additional information released included CDC guidance updates, fact sheets, frequently asked questions & answers on H1N1 for treating dry cough, fever, other flu symptoms, fluid loss, spreading germs, and emergency warning signs, influenza hospitalizations and deaths, in addition to an update in the international H1N1 situation. To view these and other updates, visit CDC's "What's New" section at: <http://www.cdc.gov/h1n1flu/whatsnew.htm>

STATE

- National Influenza Vaccination Week (NIVW) is a state and national initiative that was established to highlight the importance of continuing influenza vaccination, as well as to foster greater use of flu vaccine after the holiday season into January and beyond. This year's NIVW begins this Sunday, January 10-16, 2010.
- Florida's "Spread the Word, Not the Flu" media campaign is part of that effort, with the release of newspaper inserts, theatre, medical waiting room, and retail checkout PSAs, as well as Internet and gas station advertising to encourage Floridians to get vaccinated. To find the H1N1 and seasonal flu vaccine clinics nearest you, visit www.myflusafety.com.
- One of the many goals for NIVW is to engage at-risk audiences who are not yet vaccinated, hesitant about vaccination, or unsure about where to get vaccinated (go to <http://myflusafety.com>). Every year, certain days of NIVW are designated to highlight the importance for these at-risk groups to get vaccinated.

Continue to utilize the following resources to obtain the most current, accurate information regarding H1N1 flu:

- Your local county health department: <http://www.floridashealth.com>
- The Florida Department of Health's flu information website: <http://www.myflusafety.com> and the Healthcare and Flu clinic locations pages: <http://www.doh.state.fl.us/DEMO/php/Healthcare.htm> and <http://www.myflusafety.com/myfluclinic.htm>.

Florida-specific disease data may be found on the Department of Health's, Bureau of Epidemiology Site: http://www.doh.state.fl.us/Disease_ctrl/epi/swineflu/Reports/reports.htm