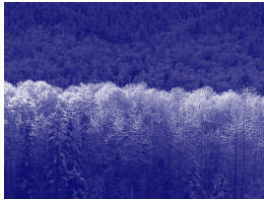


## EXPERIENCING GRIEF

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BEREAVEMENT REACTIONS  
INCLUDE, BUT ARE NOT  
LIMITED TO:

Numbness, sorrow, denial, shock,  
isolation, anger, bargaining, depression,  
sadness, and acceptance of loss.  
According to the Mayo Clinic (2009),  
signs of complicated grief include:  
extreme focus on the loss, intense  
pining, refused acceptance of the loss,  
detachment, inability to enjoy life, move  
on, or carrying out normal routine,  
social withdrawal, irritability, feelings of  
purposeless life or lack of trust.

Reference: Mayo Clinic. (2009). Complicated grief.

## OSCEOLA COUNTY HEALTH DEPARTMENT

Fetal & Infant Mortality Review Committee  
1875 Boggy Creek Road  
Kissimmee, FL 34744

Phone: 407-943-7014

Fax: 407-343-2042

E-mail: [www.osceolahealth.org](http://www.osceolahealth.org) or [linda\\_clarke@doh.state.fl.us](mailto:linda_clarke@doh.state.fl.us)

## OSCEOLA COUNTY HEALTH DEPARTMENT

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## BEREAVEMENT RESOURCE DIRECTORY



Express your loss, pain, and isolation through  
comfort and support from those who have  
experienced the same.

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Grief Support Services

# LIVING WITH LOSS

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Dear Parent(s),

On behalf of the Osceola County Health



Feel free to discuss your personal experience, so that your loss renders an honorable legacy...

Department and the Fetal & Infant Mortality Review Committee, we would like to extend our condolences for your insurmountable loss. We are committed to

learning as much as we can regarding neonatal, infant, and child loss, so that we can help prevent further incidences and improve health outcomes. If you have any questions feel free to contact us at 407-943-7014, Monday-Friday 8am to 5pm. A staff member may be contacting you for your confidential input regarding your loss.

With Warmest Regards,

***Belinda Johnson-Cornett***

Belinda Johnson-Cornett, MS, RNBC, MBA

Administrator

## GRIEF SUPPORT SERVICES

**H.E.A.L. Helping Endure Infant Loss**, for parents who have experienced miscarriage, still-birth, or newborn death. Offered quarterly at Florida Hospital Barker Conference Center, please preregister 407-303-5715.

**Grief Share ([www.griefshare.org](http://www.griefshare.org))**: grief support groups meet locally at the following locations:

- First Baptist Church, 1990 Neptune Road, Kissimmee, FL. Offered Tuesday 7pm, please contact, 407-873-6340.
- Peace United Methodist Church, 13502 Town Loop Blvd, Orlando, FL. Offered Thursday 7pm, please contact 407-276-4025.

**The Compassionate Friends, Inc.** offers understanding to bereaved parents through local support group chapters:

- Orlando Chapter ([@](http://www.tcf Orlando.org) Central Christian Church, 250 W. Ivanhoe Blvd., Orlando, FL. Offered 1st Tuesday 7pm. 24 hr message line 407-974-9933.
- Polk County Chapter @ First United Methodist Church, 72 Lake Morton Drive, Lakeland, FL. Offered 2nd Monday 7pm, please contact 877-969-0010.

**Horizons Grief Support Groups** are a program of Hospice of the Comforter. Preregister contacting 407-682-0808 for English or Spanish support groups offered at:

- 2727 N. John Young Pkwy, Kissimmee, FL. Monday 6-7:30pm.
- Grace Covenant Presbyterian Church, 1655 Peel Ave, Orlando FL. Wednesday 6-7:30pm.

For specialized grief support; Jewish Adult Group, Guided Imagery for Grief & Loss, Young Widows & Widowers, Helping Children Cope with Grief, and Spanish Grief Support, call 407-682-0808.

**New Hope for Kids** offers simultaneous grief support for adults and children ages 3-18. Located at 900 N. Maitland Ave., Maitland, FL. Please contact 407-331-3059.

**VITAS** Innovative Hospice Care, offers bereavement support groups for a six week period. Please contact 407-691-4579.

