



IF YOU'RE READY TO...

# Quit Smoking *now!*

**Register Today for FREE!**

**This is a 6 week program to become Tobacco-Free & includes Nicotine Replacement Therapy (NRT) Patches, at NO COST to you!**

**Classes start weekly Thursday,  
August 5<sup>th</sup> – September 9<sup>th</sup>  
6:30-7:30 pm**

**St. Cloud Regional Medical Center  
2906 17th Street  
St. Cloud, 34769  
In the Boardroom**

**For more information about  
attending this class or to register  
please contact:  
1-877-252-6094**



This program is sponsored by the Florida AHEC Network and the Florida Department of Health